

Burns: Thermal



History

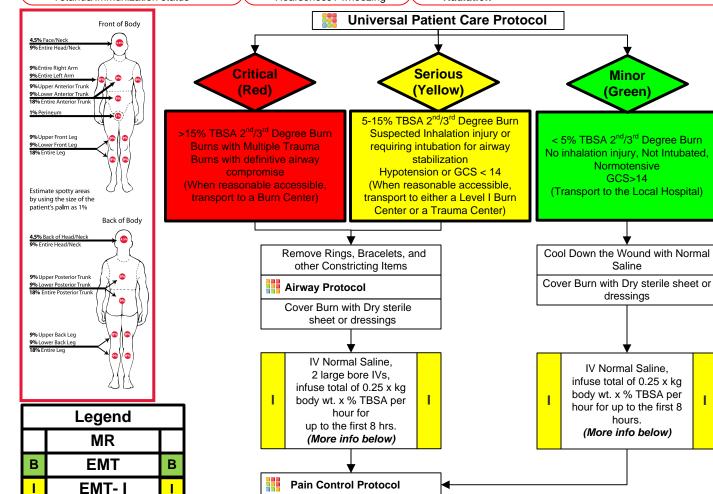
- Type of exposure (heat, gas, chemical)
- Inhalation injury
- Time of Injury
- Past medical history and Medications
- Other trauma
- Loss of Consciousness
- Tetanus/Immunization status

Signs and Symptoms

- · Burns, pain, swelling
- Dizziness
- Loss of consciousness
- Hypotension/shock
- Airway compromise/distress
- singed facial or nasal hair
- Hoarseness / wheezing

Differential

- Superficial (1st Degree) red and painful
- Partial Thickness (2nd Degree) blistering
- Full Thickness (3rd Degree) painless/charred or leathery skin
- Thermal
- Chemical
- Electrical
- Radiation



M Medical Control M Notify Destination or Contact Medical Control

1. The IV solution should be changed to Lactated Ringers if it is

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2. Formula example and a rule of thumb is; an 80 kg patient with 50% TBSA will need 1000 cc of fluid per hour.

available. It is preferred over Normal Saline.

Critical or Serious Burns

EMT-P

- > 5-15% total body surface area (TBSA); 2nd or 3rd degree burns, or
- 3rd degree burns > 5% TBSA for any age group, or
- circumferential burns of extremities, or
- electrical or lightning injuries, or
- suspicion of abuse or neglect, or
- inhalation injury, or

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- chemical burns, or
- burns of face, hands, perineum, or feet, or
- any burn requiring hospitalization.

(These burns will require direct transport to a burn center, or transfer once seen at a local facility where the patient can be stabilized with interventions such as airway management or pain relief if this is not available in the field or the distance to a Burn Center is significant.)

Pearls

- Burn patients are Trauma Patients, evaluate for multisystem trauma.
 - Assure whatever has caused the burn, is no longer contacting the injury. (Stop the burning process!)
- Recommended Exam: Mental Status, HEENT, Neck, Heart, Lungs, Abdomen, Extremities, Back, and Neuro
- Early intubation is required when the patient experiences significant inhalation injuries.
- Potential CÓ exposure should be treated with 100% oxygen. (For patients with the primary event is CO inhalation, transport to a hospital equipped with a hyperbaric chamber is indicated [when reasonably accessible].)
- Circumferential burns to extremities are dangerous due to potential vascular compromise secondary to soft tissue swelling.
- Burn patients are prone to hypothermia never apply ice or cool burns, must maintain normal body temperature.
- Evaluate the possibility of child abuse with children and burn injuries.

Trauma Protocols