Pain Control: Pediatric

History
- Age
- Location
- Duration
- Severity (1 - 10)
- If child use Wong-Baker faces scale
- Past medical history
- Medications
- Drug allergies

Signs and Symptoms
- Severity (pain scale)
- Quality (sharp, dull, etc.)
- Radiation
- Relation to movement, respiration
- Increased with palpation of area

Differential
- Per the specific protocol
- Musculoskeletal
- Visceral (abdominal)
- Cardiac
- Pleural / Respiratory
- Neurogenic
- Renal (colic)

Universal Patient Care Protocol

Patient care according to Protocol based on Specific Complaint

Pain Severity > 6 out of 10 or Indication for IV / IM Medication

Yes

No

B Pulse oximetry

I IV protocol if IV medication

Consider if Available
- Ibuprofen (Age > 6 months)
- Acetaminophen (Age > 3 Months)
- Nitrous Oxide (Age greater 5 years)

Isolated Extremity Traumatic Pain

Yes

No

M Contact Medical Control

If no contraindication to sedation
Morphine or, Fentanyl or, Dilaudid

P Must reassess patient at least every 15 minutes after sedative medication

M Notify Destination or Contact MC

Legend
- MR
- EMT
- B
- I
- P

Pearls
- Recommended Exam: Mental Status, Area of Pain, Neuro
- Pain severity (0-10) is a vital sign to be recorded pre and post IV or IM medication delivery and at disposition.
- For children use Wong-Baker faces scale or the FLACC score (see Assessment Pain Procedure)
- Vital signs should be obtained pre, 15 minutes post, and at disposition with all pain medications.
- Contraindications to Narcotic use include hypotension, head injury, or respiratory distress.
- All patients should have drug allergies documented and avoid medications with a history of an allergy or reaction.
- All patients who receive IM or IV medications must be observed 15 minutes for drug reaction.
- Ibuprofen should not be given if there is abdominal pain, history of gastritis, stomach ulcers, fracture, or if patient will require sedation.
- Do not administer any PO medications for patients who may need surgical intervention such as open fractures or fracture deformities.
- See drug list for other contraindications for Narcotics, Nitrous Oxide, Acetaminophen, and Ibuprofen.

Protocol 11
Any local EMS System changes to this document must follow the NC OEMS Protocol Change Policy and be approved by OEMS 2009